



Recommended Evaluation Data Excerpt from NVIC 04-08

Purpose: This document is an excerpt from the Medical and Physical Evaluations Guidelines for Merchant Mariner Credentials, contained in enclosure 3 of NVIC 04-08. It addresses evaluation data for sleep disorders that *may* be requested upon evaluation of the physical examination report (CG-719K).

179	Sleep Apnea, Central Sleep Apnea, Narcolepsy, Periodic Limb Movement, Restless Leg Syndrome or other sleep disorders	Submit all pertinent medical information and status report. Include sleep study with a polysomnogram, use of medications and titration study results. If surgically treated, should have post operative polysomnogram to document cure or need for further treatment.
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